| | Montag | | Dienstag | | Mittwoch | | Donnerstag | | Freitag | | Samstag | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Saal 1 | Saal 2 | Saal 1 | Saal 2 | Saal 1 | Saal 2 | Saal 1 | Saal 2 | Saal 1 | Saal 2 | Saal 1 | Saal 2 |
| 9:30 | | | | | | | | | | | | |
| 10:00 | | | | | | | | | | | | |
| 10:30 | | | | | | | | | | | | |
| 11:00 | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| 15:00 | | | | | | | Hip Hop ab 5 Jahren | | | | | |
| 15:30 | | | | | | | | | | | | |
| 16:00 | Spaß an der Bewegung | | | | | | Hip Hop ab 5 Jahren | | | | | |
| 16:30 | | | | | HipHop 5-6 Jahre | Spaß an der Bewegung | | | | | Hochzeit Basic | |
| 17:00 | Hip Hop Kinder | | KravMaga | Jumping | | | HipHop 6-8 Jahre | | | | | Discofox Stufe I |
| 17:30 | | | | | HipHop 10-14 Jahre | HipHop 10-14 Jahre | | | | | Discofox Stufe II | |
| 18:00 | Techniktraining Latein | | | | | | HipHop 8-10 Jahren | Jumping | | | | |
| 18:30 | | | | Pilates | | HipHop ab 16 Jahren | | | | | Grundkurs Latein Stufe I | |
| 19:00 | Dancit | Jumping | | | Fitness & Solotraing Latein | | Dancit | Tanzkreis Standard + Latein | | | | |
| 19:30 | | | | | | | | | | | Grundkurs Standard Stufe I | Grundkurs Standard Stufe II |
| 20:00 | Tanzkreis Standard + Latein | Tanzkurs Latein Stufe I | | | | | | | | | | |
| 20:30 | | | | | | | | | | | Grundkurs Latein Stufe II | |
| 21:00 | | | | | | | | | | | | |
| 21:30 | | | | | | | | | | | | |
| 22:00 | | | | | | | | | | | | |